

Institute of Whole Life Healing

-Rebirthing our Divinity- Healing our Pre-birth and Prenatal Trauma and its Lifelong Effects through Transpersonal Drama Therapy and Psychodrama

**November 18 – 20, 2011
Lexington, KY**



Osunnike, Priestess of the West African Goddess Osun and Keeper of the Serpent Wisdom and Sacred Sexual Arts, and Saphira, Transpersonal drama therapist, Founder of Omega Theater and Co-founder of Chrysalis Connection: The Feminine Council of the Sufi Order invites you to join us for **Rebirthing our Divinity**.

Pioneering new work in recreating prenatal experiences, our earliest learning, shows how the fetus is affected by circumstances and emotional states in the womb, which can strongly influence the rest of our lives. We are faced again and again with our 'dysfunctional' life pattern such as low-grade anxiety, self worth issues, depression that seems to come from nowhere, inability to be assertive, unhealthy relationships, sexual drama and trauma, etc. We struggle with how to do it differently this time. Yet, we cannot seem to change it, no matter what we try.

Within a safe and experiential container we will recreate womb re-creation experiences which will allow you to get to the root of the trauma by uncovering their prenatal origins. Through the use of transpersonal drama therapy and psychodrama we will journey "deep" into the depth of our wombs to dissolve the energetic umbilical roots of personal and intergenerational trauma and sexually dysfunctional life patterns that obstruct our blissful orgasmic expression as sensually vibrant women and men.

In addition we will liberate, illuminate and reignite our sacred sexual energy into vibrating vessels of healing and wholeness in co-creation of our divine rebirth.

Our Rebirthing our Divinity Weekend Intensive Will Include:

- Intro to the dynamics of birth trauma and its lifelong effects
- Sacral chakra clearing, healing and liberation
- Rebirthing ceremony
- Transpersonal womb healing
- Transformational breath, sound, movement and meditation rituals
- And so much more....

Weekend Investment: \$200.00

Non refundable \$50.00 deposit is due **NOW** to hold your space
Payments can be made to: **Institute of Whole Life Healing** and mailed to
236 Boiling Springs Drive – Lexington, KY 40511
For more information call: **859-225-7769** or send an email to rsmanna@msn.com